

12 STEP WORKBOOK

**STEP SEVEN – ASKING FOR REMOVAL – HUMILITY**

***"Humbly Asked (God) To Remove Our Shortcomings."*** <sup>93</sup>

READ IN PREPARATION:

Read in preparation, in the book Twelve Steps and Twelve Traditions  
– Step Seven Pages 71-78

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**List Major "Character Defects" STEPS 6 & 7**


***"My creator, I am now willing that you should have all of me good and bad. I pray that you now remove from me every single defect of character,  
(including \_\_\_\_\_) which stand(s) in the way of my usefulness to you and my fellows. Grant me strength as I go out from here to do your bidding.***

***Amen"***



94