

STEP ELEVEN – BUILDING PEACE – CONSCIOUSNESS

"Sought Through Prayer and Meditation To Improve Our Conscious Contact With God, As We Understood Him, Praying Only For Knowledge Of His Will For Us, and the Power To Carry That Out."⁹⁹

READ IN PREPARATION:

"Big Book" of *Alcoholics Anonymous* –

Page 85-88

Twelve Steps and Twelve Traditions – Step Eleven Pages 98-108

"THE PRAYER OF ST. FRANCIS OF ASSISI

*"Lord, make me a channel of thy peace—
That where there is hatred, I may bring love—
That where there is wrong, I may bring the spirit of
forgiveness—
That where there is discord, I may bring harmony—
That where there is error, I may bring truth—
That where there is doubt, I may bring faith—
That where there is despair, I may bring hope—
That where there are shadows, I may bring light—
That where there is sadness, I may bring joy.
Lord, grant that I may seek rather to comfort than to be
comforted—
To understand, than to be understood,
To love, than to be loved.
For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to Eternal Life."*

100

